



Are we willing to do something for love every day?

- a voluntary renunciation from a particular inclination
- doing our neighbour a favour
- paying attention to people who are in trouble or distress (perhaps with a quick prayer)
- good thoughts for the sick, the dying, the departed
- staying with the SAVIOUR within our heart
- letting go for 1 to 2 minutes wherever you are, it is worth trying

This Month's Heartfelt Matters

- Let us pray for peace, which heals all wounds.

With kindest regards and the blessing of st Joseph I remain with you,

Sister Paula



April 2012

Lay Community of St Joseph

The Tragedies of Our Days

The families are the cells of the Church. Through shocking encroachments on them, through violence, immorality and unbelief, have peace, love and harmony been destroyed. Their hearts are disappointed, hardened, and awry and full of resistance against GOD's will.

Let us recommend the families to st Joseph, for their hearts are full of restlessness and haste. They are all overloaded by duties, work, worries and noise – everything causes strain.

St Joseph did not have an easy life in Nazareth. Times used to be hard and poor, full of danger and hostility, full of tribulation and oppression. Supporting his family was a permanent concern – so how should he not understand us? Did he not lead the way in a somewhat similar manner – even as a priest in the family, as a teacher and educator – he was untiring. Because nowadays there are few examples of good teachers and shepherds in the families, we pray to st Joseph that he may invoke the fire of the HOLY SPIRIT on them and that he may be active in the hearts of the parents and children.

Thanks to st Joseph Unemployment Inevitable

Dear friends!

Please accept this letter of thanks to my dearly loved patron, st Joseph, in kindness.

About a year ago, a close friend gave me a book on the life of st Joseph which had a great effect on me. Due to budget restrictions, my job was to be terminated within a year, and I was really in need of financial assistance at the time. During this period, although unemployment seemed inevitable, I continued to ask st Joseph for help.

Recently, a few weeks before the end of my contract, someone approached me with a wonderful job offer, perfectly suited to my professional background and which, moreover, included a substantial raise in salary. Not only did this proposal offer me an excellent job, but equally good possibilities for the future. Truly, I attribute this grace to the powerful intercession of st Joseph.

May all those who read this testimony be filled with faith in this powerful Saint and be thus inspired to call upon him in time of need.

Excerpt from "The Glories of Saint Joseph"
Published by Traditions Monastiques

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Everyday Life with its Small and Large Crosses

There is hardly any pious person whose faith has grown strong without the cross. – The cross has become a blessing to him. Only the things that touch you deeply can purge you in the depths of your soul. Lows in life are painful, but beneficial. The heart will be purified like gold by fire. The SAVIOUR has raised for us the sign of the cross that we may be able to cling to it and join Him in going part of the way of the Cross. St Joseph is coming along. He knows the way since he was the first at Golgotha.

The good GOD does not expect us to do anything sensational, but that we do the ordinary in an extraordinary way in humble devotion to the will of GOD. – What an example st Joseph is to us.

He was always doing good. He was a man who has never once omitted to do good. CHRIST says: „Whatever you did for one of the least of these brothers and sisters of Mine, you did for Me. ... Whatever you did not do for one of the least of these, you did not do for Me.“

Time is short, let us put it to good use by doing good. Many people will regret having failed to do good during their lives. At the end of my life it will be made clear to me what I have missed, wasted, left undone regarding my parents, children, the needy ... and what I have missed to tell GOD. Let us just start and put our time to good use. – Only good deeds will follow me into eternal beatitude.

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