

# Novena to st Joseph

### Joseph, Head of the Holy Family

Joseph was a powerful and silent light in Nazareth. Hardly anyone noticed although it shone right up to Heaven. He was a watchful father – a watchful protector of his holy spouse, the Mother of GOD – a watchful protector of the SON of GOD and always full of righteousness, wisdom, fortitude and faithfulness, full of humility, gentleness, patience, and love, and ready for anything.

Because of his high virtues he found grace in the eyes of GOD to become the guardian, the foster and nursing father of the divine SON – to be the most pure bridegroom of the Daughter, Mother and Bride of GOD. Not through the flesh but through GOD's will has he become the head of the Holy Family. Consequently, he knows how to accomplish anything with JESUS and Mary.

We will also not forget to give thanks for such incomprehensible things for this is even more

important than begging and pleading. And if we are asking for something, let us say thanks at the same time as if it had already been granted to us.

from the Monthly Letter of the "Lay Community of Saint Joseph", February 2011

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A novena, a nine-day prayer, is a way of praying with perseverance. It is modelled after the nine-day period during which Mary and the Apostles prayed for the HOLY SPIRIT before Whitsun.

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# **Daily Preparatory Prayer**

In the Name of the † FATHER and of the SON and of the HOLY GHOST. Amen!

Holy father Joseph, I am allowed to come to You, I am allowed to ask You a favour. May You talk about it with Your most holy spouse Mary and with her divine SON. First of all, I ask You to grant me the grace to recognize GOD's holy will and to fulfil it. I also ask You to help me/us in all worries and needs.

GOD says: "Those who ask receive; who seek find; and to those who knock, the door will be opened." Now I come to You with confidence, saint Joseph, and I trust in Your mighty intercession as well as in GOD's promises.

#### Day 1

Father Joseph, You guide those who listen to You, and You help those who wish to do the will of GOD. Help me/us to accomplish what is pleasing to GOD. Then You will gladly assist me/us in all matters and help me/us to solve

current problems. Thank You for Your help. Amen!

#### Day 2

Saint Joseph, You were a loving father to JESUS, You took care of Him and You were always there for Him. Please take care of me/ us as well and bless my/our modest, ordinary life. Let me/us deal with time and work in a responsible manner and let me/us always be happy with my/our work and responsibility. Amen!

#### Day 3

Father Joseph, You always did what GOD wanted You to do, in every situation and for all matters. Teach me to listen in order to find out how I can improve myself. How much do we need You, especially today. Look, in my/our family there are so many worries, about the children, about our livelihood, and appropriate housing. Confidently I entrust everything to Your powerful intercession. Amen!

#### Day 4

Saint Joseph, You understand us, You know our lives. You successfully coped with all situations and all ups and downs. Please live in our families and bless them. Bless my/our family as well. Guard them/us against lukewarmness and their/our falling away from faith. Never allow evil to come among us so that peace may remain in our hearts. Amen!

#### Day 5

Father Joseph, how often did You clasp the Infant JESUS to Your heart. – You love all children! Show Your help and protection to my/our children. Let them have an eye for GOD's wonderful creation, give them a loving heart to embrace the people in need. Strengthen their faith, hope and let them grow in the love of GOD to one day have a place in eternal bliss. Amen!

### Day 6

Father Joseph, those who venerate You and choose You as their intercessor have never seen their prayers unanswered. Today remember all unemployed fathers in particular, and

the very many young unemployed, that they may not come to grief. Someone must help them! Who else but You. Please bless them!

#### Day 7

Faithful Joseph, obtain for all people the necessary sense of responsibility. Help the parents to raise their children. Grant them hearts full of dedication and love as well as patience towards their spouses and children, and the strength to always forgive. Amen!

#### Day 8

Father Joseph, You yourself were forced to flee with Your family. There are so many refugees. – Give those who are in need a home. Bring the exiled and broken families together again. Keep Your protecting hand over them. Give me/us a heartfelt love for those who are in need. Amen!

#### Day 9

Holy father Joseph, all those who are in distress need Your help. As JESUS CHRIST

taught us, we would like to pray: for the poor, for those who do not have a good home, for all refugees, for all innocent prisoners, for all oppressed peoples. They all need Your protection and Your help. Amen!

Mother Paula

Final prayer on the 9th day of the novena
"Our FATHER" – "Hail You, saint Joseph " – "Glory be"
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