



March 2026



L A Y C O M M U N I T Y O F
St Joseph



St Joseph Model in All Virtues

„You are distinguished by justice, wisdom and purity. Protect the youth, who are exposed to so many dangers, and let them go through life innocently. You are a lover of purity, keep Your hands over children and young people. Saint Joseph, You were initiated into the mysterious plan of the redemption of the world.“

The three wise men (kings) from the East came as representatives of all mankind to pay homage to the newborn King, the Messiah, and to present Him with gifts. Joseph was overjoyed at this worship of his JESUS. Nevertheless, he was saddened by Simeon's prophecy, which spoke of the sufferings of JESUS and Mary, but also of the great salvation and Resurrection, which again was a comfort to Joseph. In his life, joy and sorrow were always closely intertwined. – The three kings received instructions in a dream not to return to Herod so as to protect the divine Child from his persecution. They returned to their country by another route.

„Saint Joseph, obtain for us the grace to belong to those people who joyfully bring to the dear LORD the gold of love, the incense of prayer and the myrrh of mortification, of renunciation and also of poverty.“

St Joseph lived all this – a wonderful example for us. He lived a double poverty: a great outward poverty and a deep one in spirit. The simplicity of the little house in Nazareth was already an expression of outward poverty and many privations. Nevertheless, there was a crown over this little house, because Joseph, Mary and JESUS lived in this poverty with great contentment, great selflessness, happy with all they had. It was not because Joseph possessed little that his poverty was so valuable, but because he was simply

content with the little he had. He did not want to have more than was necessary. He was not attached to his possessions but was even generous and selfless in giving them away. I think that GOD-pleasing poverty does not mean having little, but keeping one's heart free from all possessions, whether many or few. One can also renounce permissible things from time to time, out of love for GOD, in order to give Him a special joy. He who lives as St Joseph lived, with the desire to give everything in order to find everything in GOD, in order to completely free their hearts, will not be infested with discontent. In his selflessness, Joseph never felt his poverty as a burden, he lived this virtue even as a child.

Joseph was already holy as a child and matured into even greater holiness alongside Mary. After all, this is only possible on the path of the cross and suffering. Everyday life also brought him privations, adversities, many injustices and worries. As a young man, Joseph lost his parents. He was now able to fulfil his wish to move to Jerusalem and live near the Temple. Joseph knew about Mary, her purity, her beauty, and he did not consider himself worthy to go into the Temple and follow the High Priest's call. Yet he went out of obedience and remained in the background until he was called by the High Priest. That was a blissful moment when he was allowed to meet Mary in the Temple. After the blessing, they went to Nazareth. Immediately, trials came upon him. Mary went to Elizabeth and returned pregnant. Then came the search for shelter in Bethlehem, no worthy accommodation for the birth of the SON of GOD, the worries about providing for them. Joseph suffered the bitterest poverty. In incomprehensible distress, he was also torn away from his homeland, which he loved very much. Like a criminal, he had to flee with Mary and the Child. Upon returning to Nazareth, it was a



miserable struggle for daily bread. He suffered from the hatred of many people who reproached him for saving his Child whereas theirs had to die. Joseph was truly a man of suffering, quiet and devoted.

Joseph lived at the time of redemptive suffering. He knew Holy Scripture. The Messiah lived under his roof, so Joseph knew what was coming to JESUS. Mary quite certainly spoke about it often, and she and Joseph wept together. He knew the mystery of Golgotha. He knew that only his JESUS was able to bring Redemption and lead the people to the FATHER. In this attitude he lived his suffering, in this foresight he bore everything that meant the cross. He

lived his life in the suffering of JESUS, and that was, after all, the great secret of his love, his fortitude, his endurance, until he was literally consumed. He suffered with JESUS, he carried his cross together with Him, through Him, in Him, and that made every burden bearable for Joseph. For him, suffering in the love of GOD was a mystery. Who would understand? How can we regard suffering as love? Only by gratefully accepting it. A heart suffering out of love forgets itself. A heart consuming itself by suffering and pain feels its strength dwindle. St Joseph consumed himself until the very last moment; he was angelic, and, therefore, his divine Foster Son JESUS Himself led him into Heaven.

Our Month's Heartfelt Matters

„Saint Joseph, please give us Your blessing.
Saint Joseph, whom the Queen of Heaven calls her Bridegroom, give us Your blessing.
Saint Joseph, You Patron Saint of all of us, give us Your blessing.

Thank You, Father Joseph!“

Eastertide is already fast approaching. Before that, the Way of the Cross of JESUS and Mary ...

I would like to take this opportunity to send you many heartfelt Easter wishes, greetings and joy! May the Easter light and grace give you a lot of strength and confidence.

All my beloved!

I would like to take this opportunity to express my heartfelt thanks for the many Christmas letters, for all the blessings, the good wishes for the new year, for all the sweets and good ideas for gifts, and for remembering me in your prayers!

I, too, do the same for you every day. A huge “May GOD reward you” for the financial support to the Joseph's account, which benefits poor people.

Thank you for enabling me to reduce a large pile of post in this way. There is just not enough time anymore to cope with everything.

Very heartfelt regards with the blessing of Saint Joseph,

Sister Paula